



				<p><u>1</u> Breakfast Whole Wheat Pumpkin Muffin Apricots</p> <p><u>Lunch</u> Shells w/ Beef & Sauce Steamed Broccoli Pears</p> <p><u>Snack</u> Ritz Crackers Cheese Cubes</p>
<p><u>4</u> Breakfast Corn Chex Pineapple Tidbits</p> <p><u>Lunch</u> Meatball Sub on a Whole Wheat Roll Carrots Fruit Cocktail</p> <p><u>Snack</u> Soynut Butter Dip Apple Slices</p>	<p><u>5</u> Breakfast Wheat Toast Bananas</p> <p><u>Lunch</u> Chicken w/ Brown Rice Mixed Veggies Applesauce</p> <p><u>Snack</u> Goldfish Crackers Grape Halves</p>	<p><u>6</u> Breakfast Hot Biscuit Diced Pears</p> <p><u>Lunch</u> Turkey & Gravy w/ Mashed Potatoes Whole Wheat Roll Pineapple Tidbits</p> <p><u>Snack</u> Vanilla Yogurt Graham Crackers</p>	<p><u>7</u> Breakfast Whole Wheat Pancakes Banana</p> <p><u>Lunch</u> Cheese Pizza on Whole Wheat Crust Green Salad Diced Peaches</p> <p><u>Snack</u> Bread Sticks Marinara Dipping Sauce</p>	<p><u>8</u> Breakfast Whole Wheat English Muffin Apple</p> <p><u>Lunch</u> Hot Ham and Cheese Tomato Soup Tropical Fruit</p> <p><u>Snack</u> Cheddar Cheese Wheat Crackers</p>
<p><u>11</u> Breakfast Corn Flakes Mandarin oranges</p> <p><u>Lunch</u> Ravioli & Meat Sauce Carrots Diced Pears</p> <p><u>Snack</u> Whole Wheat Banana Bread Milk</p>	<p><u>12</u> Breakfast Whole Wheat Cinnamon Muffin Fruit Cocktail</p> <p><u>Lunch</u> Chicken with Veggies and Pasta Diced Peaches</p> <p><u>Snack</u> Soft Pretzel Cheddar Cheese</p>	<p><u>13</u> Breakfast Mini-Quiche Apricot Halves</p> <p><u>Lunch</u> Baked Beans w/Hot Dogs Whole Wheat Rolls Cantaloupe Cubes</p> <p><u>Snack</u> Wheat Crackers Apple Slices</p>	<p><u>14</u> Breakfast Bagel Peaches</p> <p><u>Lunch</u> Pasta & Meat Sauce Green Salad Strawberries</p> <p><u>Snack</u> Whole Wheat Pita Bread w/ Soy Butter</p>	<p><u>15</u> Breakfast Cinnamon Wheat Toast Fresh Banana Slices</p> <p><u>Lunch</u> Chicken Noodle Soup Whole Wheat Roll Corn Pineapple Tidbits</p> <p><u>Snack</u> Vanilla Yogurt with Blueberries</p>

Irish Soda Bread

Ina Garten

Ingredients:

4 cups all-purpose flour, plus extra for currants
4 tablespoons sugar
1 teaspoon baking soda
1 1/2 teaspoons kosher salt
4 tablespoons (1/2 stick) cold unsalted butter, cut into 1/2-inch dice
1 3/4 cups cold buttermilk, shaken
1 extra-large egg, lightly beaten
1 teaspoon grated orange zest
1 cup dried currants

Directions:

Preheat the oven to 375 degrees F. Line a sheet pan with parchment paper.

Combine the flour, sugar, baking soda, and salt in the bowl of an electric mixer fitted with the paddle attachment. Add the butter and mix on low speed until the butter is mixed into the flour.

With a fork, lightly beat the buttermilk, egg, and orange zest together in a measuring cup. With the mixer on low speed, slowly add the buttermilk mixture to the flour mixture. Combine the currants with 1 tablespoon of flour and mix into the dough. It will be very wet.

Dump the dough onto a well-floured board and knead it a few times into a round loaf. Place the loaf on the prepared sheet pan and lightly cut an X into the top of the bread with a serrated knife.

Bake for 45 to 55 minutes, or until a cake tester comes out clean. When you tap the loaf, it will have a hollow sound.

Cool on a baking rack. Serve warm or at room temperature.

March 2019



Care a lot
CHILD CARE
"Caring is at the heart of what we do!"



<p><u>18</u> <u>Breakfast</u> Rice Krispies Orange</p> <p><u>Lunch</u> Sloppy Joe Whole Wheat Roll Hash Brown Potatoes Apple Slices</p> <p><u>Snack</u> Ritz Crackers String Cheese</p>	<p><u>19</u> <u>Breakfast</u> Whole Wheat English Muffin Pineapple</p> <p><u>Lunch</u> Chicken w/ Brown Rice Peas and Carrots Cantaloupe</p> <p><u>Snack</u> Animal Crackers Pears</p>	<p><u>20</u> <u>Breakfast</u> Whole Wheat Pan-cakes Banana</p> <p><u>Lunch</u> Turkey on Wheat Bread w/ Lettuce & Cheese Fruit Cocktail</p> <p><u>Snack</u> Cheese-its Apple Slices</p>	<p><u>21</u> <u>Breakfast</u> Oatmeal w/ Raisins & Craisins</p> <p><u>Lunch</u> BBQ Chicken Whole Wheat Roll Broccoli Apple Slices</p> <p><u>Snack</u> Ants on a Log (Bananas, Soy Butter & Raisins)</p>	<p><u>22</u> <u>Breakfast</u> Cornbread Sliced Peaches</p> <p><u>Lunch</u> Cheese Pizza on Whole Wheat Crust Green Salad Pears</p> <p><u>Snack</u> Snack Mix Grapes</p>
<p><u>25</u> <u>Breakfast</u> Cheerios Pear Halves</p> <p><u>Lunch</u> Chicken Taco w/ Lettuce & Cheese on a Whole Wheat Wrap Corn Pineapple Chunks</p> <p><u>Snack</u> Apple Slices Pretzels</p>	<p><u>26</u> <u>Breakfast</u> Homemade French Toast Peaches</p> <p><u>Lunch</u> Soy Butter & Jelly on Wheat Bread Mixed Vegetables Fruit Cocktail</p> <p><u>Snack</u> Whole Wheat Pita Orange</p>	<p><u>27</u> <u>Breakfast</u> Breakfast Pizza on Whole Wheat Crust Fresh Banana Slices</p> <p><u>Lunch</u> Cheeseburger Macaroni Carrots Applesauce</p> <p><u>Snack</u> Salsa Corn Chips</p>	<p><u>28</u> <u>Breakfast</u> Bagels Cantaloupe</p> <p><u>Lunch</u> Chicken Nuggets Green Beans Whole Wheat Roll Nectarine</p> <p><u>Snack</u> Yogurt Graham Crackers</p>	<p><u>29</u> <u>Breakfast</u> Whole Wheat Pump-kin Muffin Apricots</p> <p><u>Lunch</u> Shells w/ Beef & Sauce Steamed Broccoli Pears</p> <p><u>Snack</u> Ritz Crackers Cheese Cubes</p>

Leprechaun Stew

Leprechaun stew, Leprechaun stew,
If I don't get some,
I don't know what I'll do.

Give away my pot of gold
Give away my shoe.
But don't give away my Leprechaun Stew.



Notes:

- This menu is peanut-free
- Whole Milk is served to children under 2 years of age
- 1% or Fat Free Milk is served with every breakfast and lunch served to children ages 2 and up
- Water is offered with snack
- This menu is subject to change

*In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.
(Not all prohibited bases apply to all programs).*

