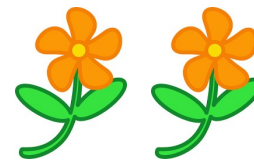


# May 2019



**Care a lot**  
CHILD CARE  
*"Caring is at the heart of what we do!"*

		<p><b><u>1</u></b> <b>Breakfast</b> Whole Wheat Bagel Peaches</p> <p><b>Lunch</b> Cheese Pizza on Whole Wheat Crust Green Salad Fresh Fruit</p> <p><b>Snack</b> Whole Grain Animal Crackers Melon Cubes</p>	<p><b><u>2</u></b> <b>Breakfast</b> Homemade Fruit Smoothie Melon</p> <p><b>Lunch</b> Hamburger Sliders on a Wheat Roll Sweet Potato Fries Pears</p> <p><b>Snack</b> Whole Grain Animal Crackers Melon Cubes</p>	<p><b><u>3</u></b> <b>Breakfast</b> Whole Grain Cereal Banana</p> <p><b>Lunch</b> Whole Wheat Pasta w/ Ground Beef in a Vegetable Marinara Sauce Grape Halves</p> <p><b>Snack</b> Ritz Crackers String Cheese</p>
<p><b><u>6</u></b> <b>Breakfast</b> Rice Krispies Banana</p> <p><b>Lunch</b> Soy Nut Butter and Jelly Sandwich on Whole Wheat Bread Carrot Sticks Pears</p> <p><b>Snack</b> Whole Wheat Cinnamon Grahams 100% Apple Juice</p>	<p><b><u>7</u></b> <b>Breakfast</b> Multi-Grain Pancakes Strawberries</p> <p><b>Taco Tuesday</b> Soft Chicken Taco w/ Lettuce &amp; Cheese on Whole Wheat Tortilla Grape Halves</p> <p><b>Snack</b> Graham Crackers Banana</p>	<p><b><u>8</u></b> <b>Breakfast</b> Whole Wheat Bagel Orange Wedges</p> <p><b>Lunch</b> Cheese Pizza on Whole Wheat Crust Salad Grape Halves</p> <p><b>Snack</b> Whole Grain Goldfish Apple Slices</p>	<p><b><u>9</u></b> <b>Breakfast</b> Non-Fat Yogurt Diced Peaches</p> <p><b>Lunch</b> BBQ Chicken Slider On Wheat Roll Oven Baked Sweet Potato Fries Pears</p> <p><b>Snack</b> Whole Grain Vegetable Crackers Cucumber Slices</p>	<p><b><u>10</u></b> <b>Breakfast</b> Corn Flakes Banana</p> <p><b>Lunch</b> Whole Wheat Pasta w/Ground Beef in a Vegetable Marinara Sauce Apple</p> <p><b>Snack</b> Whole Wheat Pretzels Unsweetened Apple Sauce</p>
<p><b><u>13</u></b> <b>Breakfast</b> Whole Grain Toasted O's Banana</p> <p><b>Lunch</b> Turkey Hot Dog Wheat Roll Baked Beans Pear</p> <p><b>Snack</b> Whole Wheat Pita Bread Hummus</p>	<p><b><u>14</u></b> <b>Breakfast</b> English Muffin Orange</p> <p><b>Taco Tuesday</b> Chicken Taco Salad Whole Wheat Soft Tortilla Grape Halves</p> <p><b>Snack</b> Whole Grain Graham Crackers 100% Grape Juice</p>	<p><b><u>15</u></b> <b>Breakfast</b> Whole Wheat French Toast Pineapple</p> <p><b>Lunch</b> Beef and Cheddar Macaroni Broccoli Honeydew</p> <p><b>Snack</b> Mini Rice Cakes Banana</p>	<p><b><u>16</u></b> <b>Breakfast</b> Old Fashioned Oatmeal Apple Wedges</p> <p><b>Lunch</b> Whole Wheat Turkey Roll-Up Cauliflower Florets Cantaloupe</p> <p><b>Snack</b> Whole Wheat Crackers Cheddar Cubes</p>	<p><b><u>17</u></b> <b>Breakfast</b> Whole Grain Breakfast Bar Banana</p> <p><b>Lunch</b> Oven-Baked Chicken Tenders Whole Wheat Roll Carrots Fresh Fruit</p> <p><b>Snack</b> Apple Wedges Soy Nut Butter</p>

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<p><b><u>20</u></b> <b><u>Breakfast</u></b> Whole Grain Toasted O's Banana</p> <p><b><u>Lunch</u></b> Turkey Hot Dog Wheat Roll Baked Beans Pear</p> <p><b><u>Snack</u></b> Whole Wheat Pita Bread Hummus</p>	<p><b><u>21</u></b> <b><u>Breakfast</u></b> English Muffin Orange</p> <p><b><u>Taco Tuesday</u></b> Chicken Taco Salad Whole Wheat Soft Tortilla Grape Halves</p> <p><b><u>Snack</u></b> Whole Grain Graham Crackers 100% Grape Juice</p>	<p><b><u>22</u></b> <b><u>Breakfast</u></b> Whole Wheat French Toast Pineapple</p> <p><b><u>Lunch</u></b> Beef and Cheddar Macaroni Broccoli Honeydew</p> <p><b><u>Snack</u></b> Mini Rice Cakes Banana</p>	<p><b><u>23</u></b> <b><u>Breakfast</u></b> Old Fashioned Oatmeal Apple Wedges</p> <p><b><u>Lunch</u></b> Whole Wheat Turkey Roll-Up Cauliflower Florets Cantaloupe</p> <p><b><u>Snack</u></b> Whole Wheat Crackers Cheddar Cubes</p>	<p><b><u>24</u></b> <b><u>Breakfast</u></b> Whole Grain Breakfast Bar Banana</p> <p><b><u>Lunch</u></b> Oven-Baked Chicken Nuggets Whole Wheat Roll Carrots Fresh Fruit</p> <p><b><u>Snack</u></b> Apple Wedges Soy Nut Butter</p>
 <p><b>CENTER CLOSED</b></p>	<p><b><u>28</u></b> <b><u>Breakfast</u></b> Whole Grain Waffle Strawberries</p> <p><b><u>Taco Tuesday</u></b> Soft Chicken Taco w/ Lettuce &amp; Cheese Fresh Fruit</p> <p><b><u>Snack</u></b> Whole Grain Cheez-Its 100% Apple Juice</p>	<p><b><u>29</u></b> <b><u>Breakfast</u></b> Whole Wheat Bagel Peaches</p> <p><b><u>Lunch</u></b> Cheese Pizza on Whole Wheat Crust Green Salad Fresh Fruit</p> <p><b><u>Snack</u></b> Whole Grain Animal Crackers Melon Cubes</p>	<p><b><u>30</u></b> <b><u>Breakfast</u></b> Whole Grain Breakfast Bar Fruit Cup (no corn syrup)</p> <p><b><u>Lunch</u></b> Pasta Salad w/ Mixed Vegetables and Chicken Fresh Fruit</p> <p><b><u>Snack</u></b> Whole Grain Animal Crackers 100% Grape Juice</p>	<p><b><u>31</u></b> <b><u>Breakfast</u></b> Whole Grain Cereal Banana</p> <p><b><u>Lunch</u></b> Meatballs Whole Wheat Roll Sweet Peas Apples</p> <p><b><u>Snack</u></b> Ritz Crackers String Cheese</p>

**Notes:**

- This menu is peanut-free
- Whole Milk is served to children under 2 years of age
- 1% or Fat Free Milk is served with every breakfast and lunch served to children ages

*In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.  
(Not all prohibited bases apply to all programs).*