



September 2019



<p style="text-align: center;"><u>2</u></p>  <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">Center Closed</p>	<p style="text-align: center;"><u>3</u> Breakfast Pigs in a Blanket (pancakes w/ sausage) Banana</p> <p style="text-align: center;">Lunch Turkey sandwich on whole grain rich bread Mixed veggies Fruit cocktail</p> <p style="text-align: center;">Snack Ritz crackers String Cheese</p>	<p style="text-align: center;"><u>4</u> Breakfast Kix Sliced Peaches</p> <p style="text-align: center;">Lunch Sloppy Joe Roll Hash brown potatoes Apple slices</p> <p style="text-align: center;">Snack Low fat cottage cheese Pears</p>	<p style="text-align: center;"><u>5</u> Breakfast Cinnamon toast Pineapple Tidbits</p> <p style="text-align: center;">Lunch Cheese Pizza on whole grain rich crust Green beans Pears</p> <p style="text-align: center;">Snack Ants on a Log (Banana, Soynut Butter & Raisins)</p>	<p style="text-align: center;"><u>6</u> Breakfast Mini bagel Oranges</p> <p style="text-align: center;">Lunch Chicken salad on a whole wheat wrap Broccoli Tropical Fruit</p> <p style="text-align: center;">Snack Watermelon Whole grain rich cheez-its</p>
<p style="text-align: center;"><u>9</u> Breakfast Cheerios Pear Halves</p> <p style="text-align: center;">Lunch Soynut Butter & Jelly Sandwich Mixed Vegetables Fruit Cocktail String cheese</p> <p style="text-align: center;">Snack Grapes Whole grain rich Goldfish</p>	<p style="text-align: center;"><u>10</u> Breakfast French Toast Peaches</p> <p style="text-align: center;">Lunch Soft Chicken Taco w/ Lettuce & Cheese Pineapple Chunks Corn</p> <p style="text-align: center;">Snack Whole wheat pita bread Hummus</p>	<p style="text-align: center;"><u>11</u> Breakfast Corn bread Banana</p> <p style="text-align: center;">Lunch Cheeseburger whole wheat pasta Carrots Applesauce</p> <p style="text-align: center;">Snack Graham Crackers Low fat yogurt</p>	<p style="text-align: center;"><u>12</u> Breakfast Egg & Cheese Wrap Apricots</p> <p style="text-align: center;">Lunch Turkey Bologna Sandwich Green Beans Nectarine</p> <p style="text-align: center;">Snack Mini pretzels Carrot sticks</p>	<p style="text-align: center;"><u>13</u> Breakfast Bagel Cantaloupe</p> <p style="text-align: center;">Lunch Whole wheat pasta w/ meat sauce Steamed Broccoli Pears</p> <p style="text-align: center;">Snack Ritz Crackers Cheese Cubes</p>
<p style="text-align: center;"><u>16</u> Breakfast Corn Chex Pineapple Tidbits</p> <p style="text-align: center;">Lunch Chicken w/Pasta Peas and carrots Applesauce</p> <p style="text-align: center;">Snack Soynut Butter Dip Apple Slices</p>	<p style="text-align: center;"><u>17</u> Breakfast Whole wheat English muffin Banana</p> <p style="text-align: center;">Lunch Meatballs with White Sauce Peas Fruit Cocktail Roll</p> <p style="text-align: center;">Snack Strawberries Low fat yogurt</p>	<p style="text-align: center;"><u>18</u> Breakfast Waffle Diced Pears</p> <p style="text-align: center;">Lunch Cheese Pizza on whole grain rich crust Green beans Diced Peaches</p> <p style="text-align: center;">Snack Whole grain rich Cheese-its Watermelon</p>	<p style="text-align: center;"><u>19</u> Breakfast Pancakes Banana</p> <p style="text-align: center;">Lunch Hamburger sliders Roll Mixed vegetable Pineapple Tidbits</p> <p style="text-align: center;">Snack Mandarin oranges Milk</p>	<p style="text-align: center;"><u>20</u> Breakfast Toast Apple</p> <p style="text-align: center;">Lunch Turkey sandwich on whole grain rich bread Tropical Fruit Carrot Sticks</p> <p style="text-align: center;">Snack Cheddar Cheese cubes Wheat Thins</p>





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<p>23 <u>Breakfast</u> Life cereal Applesauce</p> <p><u>Lunch</u> Chicken with mixed veggies and rice Diced peaches</p> <p><u>Snack</u> Soft Pretzel Cheddar Cheese Cubes</p>	<p>24 <u>Breakfast</u> Waffle Fruit Cocktail</p> <p><u>Lunch</u> Ravioli & Meat Sauce Carrots Diced pears</p> <p><u>Snack</u> Whole grain rich goldfish Strawberries</p>	<p>25 <u>Breakfast</u> Hot Biscuit Apricot Halves</p> <p><u>Lunch</u> Baked Beans w/ Hot Dogs Roll Cantaloupe Cubes</p> <p><u>Snack</u> Graham crackers Apple Slices</p>	<p>26 <u>Breakfast</u> Bagel Peaches</p> <p><u>Lunch</u> Chicken Nuggets Green beans Strawberries Roll</p> <p><u>Snack</u> Whole wheat pita bread Soynut butter</p>	<p>27 <u>Breakfast</u> Kix Banana</p> <p><u>Lunch</u> Ham & Cheese Wrap Corn Pineapple tidbits</p> <p><u>Snack</u> Low fat yogurt with Blueberries</p>
<p>30 <u>Breakfast</u> Rice Krispies Orange</p> <p><u>Lunch</u> Chicken whole wheat pasta w/peas and carrots Cantaloupe</p> <p><u>Snack</u> Fruit cocktail Milk</p>				



Care a lot
CHILD CARE
"Caring is at the heart of what we do!"

Notes:

- This menu is peanut free
- Whole milk is served to 2 years & under
- 1% milk is served to 2 years & up
- Milk is served with breakfast and lunch
- Water is offered with snack
- *This menu is subject to change*

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